

Meewasin Valley Authority 402 Third Avenue South Saskatoon, Saskatchewan S7K3G5 Phone (306) 665-6887 Fax (306) 665-6117

NEWS RELEASE

for immediate release

Volunteer for the Marathon and be Inspired! February 13, 2023

Registration is open to volunteer for the Saskatchewan Marathon!

Celebrating its 45th year, the Saskatchewan Marathon organized by the <u>Saskatoon Road</u> <u>Runners Association (SRRA)</u>, has become a key part of spring and summer in Saskatoon. The Sask Marathon is a cornerstone activity for our community and brings runners and walkers from all over to celebrate physical activity and community spirit.

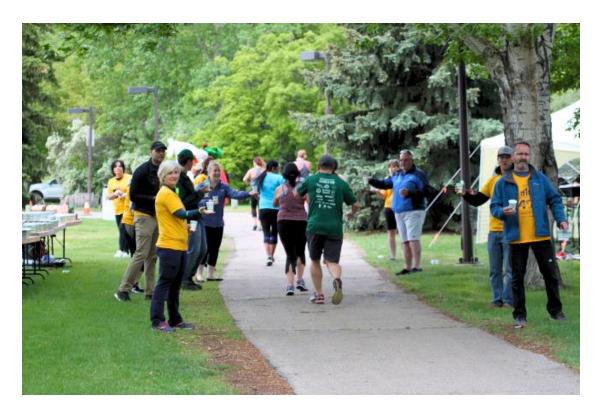
"The Sask Marathon is such an inspiring event, it's a great sized race for everyone to try out running and learning more about this type of event through volunteering. There are many different jobs that range from only a few hours to spending the weekend lending a hand," explains Amy Wall, Volunteer Manager for the event.

Shona Iverson commented on the people who make it all happen, "We need over 400 volunteers to make the marathon successful and we couldn't do it without significant community support. Thank you to everyone who helps to support the event, it's truly the most fun volunteering day of the year."

Thank you to our many sponsors who help make the event possible, including Brainsport, Eb's Source for Adventure, GoodLife Fitness, Craven SPORT, Family Focus Eyecare and proceeds from the event will go to Meewasin, supporting accessible trail enhancements throughout the Meewasin Valley.

Register Today!

For more information, contact Amy Wall at 306-221-8190 or at awall@meewasin.com



About the Saskatoon Road Runners Association

The Saskatoon Road Runners Association is a non-profit organization, which began in the mid-1970s, at the height of the nation-wide fitness awareness program: "ParticipAction". The SRRA has a proud history of organizing first-rate events, including one of the longest running marathons in Canada: the Saskatchewan Marathon. The SRRA exists to offer the citizens and visitors of Saskatoon and area:

- a number of SRRA running events throughout the year
- SRRA sponsored workshops, weekly training sessions, clinics, and social events
- awareness of other non-SRRA local and regional events

The SRRA is a volunteer organization. The executive is elected annually at the Annual General Meeting. Volunteers are critical to the association's existence. Your involvement as a member and volunteer is encouraged and appreciated. Learn more at https://saskatoonroadrunners.ca/

About Meewasin Valley Authority

The Meewasin Valley Authority exists to ensure a healthy and vibrant river valley, with a balance between human use and conservation by:

- Providing leadership in the management of its resources;
- Promoting understanding, conservation and beneficial use of the Valley; and
- Undertaking programs and projects in river valley development and conservation, for the benefit of present and future generations.

There are 67 square kilometers of land and over 105+km of established trail, which has seen up to 2.35 million trail visits per year, in the Meewasin Valley. The area also features sites that help people to connect to nature through experiences such as Beaver Creek Conservation Area, the Northeast Swale, Saskatoon Natural Grasslands, the River Landing Spray Area, and the Cameco Meewasin Skating Rink @Nutrien Plaza. Meewasin is a non-profit organization that relies on donations and volunteers for sustainability. To get involved or learn more visit www.meewasin.com